

Examples of Intergenerational Extra-curricular Activities that May be Organized

Title	Visits to mangroves / Lions Nature Education Centre
Description	Hiking activities and visits to exhibitions at the Education Centre provide opportunities for ecological education to strengthen participants' awareness of natural conservation. Visits to mangroves can even provide opportunities for elderly participants and students to enhance their physical fitness. Promotion of intergenerational harmony to facilitate mutual understanding between elders and students can be achieved through this type of activity.

Title	Caring visits to the elderly
Description	Elderly participants and students pay visits together to the needy elders to help them maintain close ties with the community. Students can also better understand the needs of elders under the guidance of elderly participants.

Title	Visits to the Hong Kong Heritage Museum / Hong Kong Museum of Medical Sciences
Description	Through exhibitions at the Hong Kong Heritage Museum and Hong Kong Museum of Medical Sciences, elderly participants and students can learn more about the history and development of culture and arts in Hong Kong and its neighbouring regions, as well as the development of medical sciences in Hong Kong. Elderly participants can also share their personal experience and knowledge with the students.

Title	Learn piano the easy way
Description	By allowing elderly participants who can play piano to teach students to play the instrument, or the other way round, the activity can help them develop self-confidence while enjoying the pleasure of playing piano, and also promote intergenerational harmony.